

Nordic Kidz Academy in Schools.

We work through **3 flexible formats**, each designed to actively include the whole community: students, parents, and teachers together.

Each format is a stand-alone, but they are complementary and equal a 360 approach to strengthen the culture of well-being and school communities as a whole.



2 Hour Workshops

Our workshops foster mutual understanding, spark inspiration, and strengthen the community — kickstarting long-term growth.

Each session is tailored to the group and context, creating a unique foundation that opens doors to meaningful dialogue and development

Strengthen school-family connections with practical, research-based strategies.



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5-week Well-being Ambassador Program

Involve parents and empower your students to lead, connect, and cultivate a culture of well-being within your school.

Transform student well-being from the inside out.

A peer-to-peer program where students mentor others, creating a natural support network. Ambassadors develop empathy, leadership, and responsibility by sharing relatable tools and experiences.

Teachers and parents are involved throughout, helping the program's positive impact grow across the whole school community.

Our Well-being Ambassador Program trains students to actively support their peers, build resilience, and foster a healthier, more inclusive school environment.

With a foundation in Positive Psychology and DEIB (Diversity, Equity, Inclusion, and Belonging) principles, the program provides both students and teachers with the tools to create a school environment where everyone feels valued, connected, and supported.



Recognition & Alignment with Global Programs

Our Well-being Ambassador Program fosters resilience, leadership, and community-mindedness while aligning with international recognized frameworks. Students can use their ambassador experience to fulfil components of the following programs:

- **Duke of Edinburgh's Award (DofE):** Students complete the Volunteering and Skills sections through peer support and skills training, including empathy, communication, and leadership.
- **IB CAS Hours (Creativity, Activity, Service):** The Well-being Ambassador Program offers IB students with structured opportunities to meet CAS requirements:
 - **Creativity:** Leading peer activities and designing support initiatives for school well-being.
 - **Activity:** Participating in breathwork, mindfulness, and other interactive well-being exercises.
 - **Service:** Fulfilling the Service requirement through meaningful peer support that positively impacts the school community.



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School Starter Camps

Children, parents, and teachers come together to build community, explore playful learning, and share a common language of wellbeing – creating a joyful start to school life.

We offer a unique opportunity for students and their parents to connect meaningfully at key stages of their school journey.

These camps provide age-appropriate activities that foster connection, resilience, and open communication. Each Family Camp supports families navigate important transitions, strengthens the home-school partnership, and cultivates a culture of inclusion and belonging.

School Starter Camp

Helping families and schoolstarters. to feel at home as they begin their school journey.

Overview: Starting school is a significant milestone for both children and their families.

School Starter Camps is designed to make this transition smoother and more welcoming, providing parents and children a comfortable, engaging environment to connect with their school community. Through activities that encourage teamwork, exploration, and play, families become familiar with the school environment, build early relationships with staff, and establish a foundation of trust and belonging.



Our Approach

At Nordic Kidz Academy, we take care of the entire camp experience — from pre-camp planning to post-camp debrief. We guide each session, using Positive Psychology practices, character-building exercises, and reflection activities tailored to the developmental needs of each group. Our approach ensures that every family feels supported, engaged, and valued throughout the camp experience.

Building a Culture of Belonging and Support

Our camps are designed to cultivate a sense of belonging and community—a core aspect of DEIB (Diversity, Equity, Inclusion, and Belonging). By fostering empathy, understanding, and open communication between students, parents, and staff, Family Camps help create an inclusive school environment where every member feels seen, supported, and valued.

Ready to Strengthen School-Family Connections?

Our camps offer schools a unique, impactful way to bring family and school together, building a resilient, connected community that extends beyond the camp experience. With a blend of adventure, teamwork, and guided reflection, each camp is a valuable opportunity to strengthen the bonds that make a school community thrive.



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